

## COVID/Infectious Policies & Procedures

LifeCare Counseling is committed to providing a safe, supportive, and respectful environment for all clients. As we continue to be impacted by the negative effects of this global pandemic; we ask that clients are mindful of social distancing and respecting others' personal space.

- If you experience symptoms related to COVID, Influenza(Flu) or other infectious illness, or if you have been exposed to someone with symptoms, please contact LifeCare to discuss options (i.e., cancelling appointment, switching to Telehealth, etc.) Please view below for other important information.
- If you are at higher risk due to a medical condition, etc., please let us know so that we can discuss options that best suit your needs.
- If you have received a positive result while receiving services in our office, we may be required to report this information; however, will only disclose necessary information and will NOT DISCLOSE ANY INFORMATION RELATED TO YOUR THERAPY SESSION.
- You will also be notified if there has been a positive result either with therapist or other clients within the time frame of possible exposure to you.
- LifeCare is committed to its own measures to minimize risks (i.e., cleaning/disinfecting office regularly).

### FOR IN-PERSON APPOINTMENTS:

- Come into the building just prior to your appointment time. This reduces the amount of people in the waiting area.
- Please continue to practice social distances in the common areas and be mindful of others' personal space.
- Please continue to practice preventative routines of washing hands regularly. Hand sanitizer is also available along with facemasks if needed.
- Family members of clients are asked to wait in their vehicles (whenever possible) when the lobby area is full.

### OUR SAFETY PRECAUTIONS:

- LifeCare Counseling and Grand Strand Business Center is cleaned regularly heightened attention to high-touch surfaces.
- Facemasks and hand sanitizers are available in the waiting area.
- Telehealth services are available for those who prefer to not come into the office for in-person sessions.
- LifeCare follows the standard CDC guidelines for those unfortunate circumstances of exposure and/or testing positive for COVID.
- You may find details here: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

*Thank you in advance for adhering to these policies.*